

KATE E. COLÓN, PSY.D.

EDUCATION

Doctor of Psychology
Clinical Psychology
August 2014

University of Denver, Denver, CO
Graduate School of Professional Psychology
Clinical Psychology Program (APA Accredited)

Master of Arts
International Disaster Psychology
June 2010

University of Denver, Denver, CO
Graduate School of Professional Psychology
International Disaster Psychology Program

Bachelor of Arts
May 2003

University of Montana, Missoula, MT
English Literature

CLINICAL EXPERIENCE

Elevated Insights Assessment, Denver, CO

July 2015- Present

Cofounder

- Specialize in providing comprehensive psychological and psychoeducational evaluations
Assess for factors impacting the overall well-being and functioning of young individuals including symptoms associated with attention-deficit/hyperactivity disorder (ADHD), autism spectrum disorder (ASD), specific learning disorders (SLD), giftedness, anxiety, mood disorders, and adjustment-related concerns
- Provide evaluations for children involved in the child welfare system to assist in identifying the impact of significant life stressors, including, attachment disruption, traumatic stress, and emotional/behavioral disturbances
- Provide clinical supervision for postdoctoral students
- Manage business development needs
- Provide consultation with experts from varying professions including educators and speech language, occupational, and mental health therapists

Colorado Psychological Association, Denver, CO

August 2019-Present

Board of Directors At Large Board Member, Early Career Psychologist Chair

- Serves as a voting member in considering issues that affect psychologists in the State of Colorado
- Engages in advocacy and legislative issues impacting the profession of psychology in Colorado
- Chairs the Early Career Psychologist Committee in support of psychologists recently entering into professional roles

Playfully

November 2016- Present

Clinical Expert in Cognitive and Social Emotional Development

- Provide clinical expertise in early childhood (ages 0-3) cognitive and social emotional development for an application designed to help busy parents spend more meaningful moments with their children through play
- Assist developers in creating evidenced-based tips and activities to promote early development across language, physical, social/emotional and cognitive development

CLEAR Psychology, Denver, CO

July 2015-Nov 2019

Contributor and Expert Panelist

- Provided consultation for developers of CLEAR Autism Diagnostic Tool (CADE), an innovative diagnostic tool for autism spectrum disorder assessment developed by CLEAR Psychology
- Contributor for white paper Willard, M., Kroenke, A., and Harrison, E. (2019) *Providing a CLEAR answer: Testing a novel scale to assess the accuracy of prediction of autism spectrum disorder diagnosis.*

University of Denver, Denver, CO

Summer Quarter June 2016- Aug 2017

Adjunct Faculty, Graduate School of Professional Psychology (GSPP)

- Co-taught *Psychological Assessment with Latinx Population*, a multicultural assessment training course for doctoral students at the University of Denver

Round Table Psychological Services, Denver, CO

Aug 2014-Aug 2015

Postdoctoral Clinician

- Provided psychological testing, assessment, and consultation services for children and adolescents with neurodevelopmental, cognitive, emotional, and behavioral differences
- Provided therapeutic services for children, adolescents, and families in outpatient clinic. Areas of clinical focus include traumatic stress, attention-deficit/hyperactivity disorder, anxiety and mood disorders, giftedness and learning disabilities, autism spectrum disorders, attachment disruption

Supervisor: Elizabeth Hooks, Psy.D

Morrison Child and Family Services, Portland, OR

Aug 2013-Aug 2014

APA Accredited Pre-doctoral Internship

Psychology Intern

- Maintained a caseload of child, adolescent, and family psychotherapy cases in outpatient clinic. Primarily state funded services providing treatment for presenting concerns including complex trauma, mood and anxiety disorders, autism spectrum disorders, attachment disorders, and ADHD
- Conducted intakes and complete diagnostic evaluations for new clients in outpatient services. Made treatment recommendations and organized follow-up care
- Provided weekly individual therapy services for elementary and middle school-aged children in Portland Public School system
- Conducted outpatient psychological evaluations using cognitive, self-report and projective personality measures
- Completed integrated psychological reports and provided feedback to parents and referring professionals; consulted and communicated regularly with professionals from other disciplines, including psychiatrists and DHS child welfare workers

- Presented didactic training on utilizing Acceptance and Commitment Therapy (ACT) with adolescent populations
- Completed multi-day Incredible Years training program

Supervisors: Joyce Ochsner, Ph.D., Beth French, Psy.D.

Mindsights Portland, OR

Sept 2013-Aug 2014

Year-long assessment rotation affiliated with Morrison Internship

Psychology Intern

- Designed batteries and administered psychological tests for psychological evaluations of children and adolescents age 3-18 years old involved in foster care system with complex trauma histories. Composed written interpretation of test data and responded to consultative questions regarding best interest evaluations and comprehensive psychological evaluations
- Utilized cognitive, developmental, academic, behavioral, and personality measures including, WPPSI-IV, WISC-IV, CMS, DIAL-4, DECA, DKEFS, NEPSY-II, WRAT, Rorschach (Exner system), MACI/M-PACI, TOPS, Roberts-2, MacArthur Story Stem Technique, Joseph, TSCC/TSCYC, Conners-3, CPT-3, CATA, Sensory Profile, CCTT, ABAS-II, BRIEF, RCFT, and VMI
- Provided feedback in debriefing sessions to treatment teams involving DHS child welfare workers, foster parents, biological parents, mental health therapists, attorneys, CASAs, and other legal representation; made recommendations for future supports and resources to ensure optimal conditions for development
- Completed multi-day training on ADOS-2 administration

Supervisor: Dane M. Borg, PsyD

The Children's Hospital, Department of Psychiatry, Aurora, CO

Sept2012-June2013

Psychology Extern

- Responsible for intake evaluations, diagnostic evaluations, treatment recommendations, and follow-up care of children, adolescents, and families in hospital outpatient behavioral health clinic
- Provided weekly, individual, and family psychotherapy addressing a variety of clinical needs, including mood and anxiety disorders, schizophrenia, ADHD, and autism spectrum disorders
- Collaborated with multiple hospital teams to ensure a comprehensive interdisciplinary treatment approach
- Administered psychological assessments for Intensive Services program, including psychiatric inpatient and day treatment, and outpatient behavioral health clinic
- Attended a weekly didactic seminars and Psychiatry Grand Rounds

Supervisor: Christine McDunn, Ph.D.

University of Denver, Professional Psychology Center

Sept 2010-July 2013

Student Therapist

- Provided psychotherapy and assessment services to children, adolescents, and adults with a variety of presenting concerns including mood, anxiety, attachment and personality disorders; clients ranged from age 3 to middle adulthood

- Conducted structured clinical interviews
- Designed and administered psychological assessment batteries including cognitive, projective, self-report, and developmental measures
- Received training in ADOS-2
- Prepared consultation intake summary reports and periodic summary reports
- Assessed clinical progress and modified treatment programs accordingly

Supervisors: Jenny Cornish, PhD., Ambra Born, Psy.D., Elizabeth Hooks, Psy.D., Janis DiCiacco, Ph.D., John Glazer, Psy.D. Michele Forstot Nadel, Psy.D.

Mental Health Partners Community Mental Health, Boulder, CO Sept2011-Sept 2012
Psychology Extern

- Responsible for assessment and treatment of children and adolescents in outpatient community mental health setting
- Provided individual and family psychotherapy to address presenting problems including trauma, anxiety and mood disorders, behavioral problems, and attentional difficulties
- Collaborated with multidisciplinary team to ensure comprehensive treatment, including school faculty, social services, psychiatrists, primary care providers, and other mental health professionals
- Administered psychological assessments and integrated data to inform diagnosis and treatment planning
- Completed Motivational Interviewing training

Supervisors: Jean Rosmarin, Ph.D., Brynn Miller, M.A., Linda Joyce, Ph.D.

Allied Assessments, Lakewood, CO June 2011-July2012
Assessment Administrator

- Responsible for administering cognitive assessments to child, adolescent, and adult clients to address individual concerns
- Primarily utilized cognitive measures including WAIS-IV, WISC-IV, and WMS-IV

Supervisor: Isabel Perez

Denver Public Schools, Denver, CO Sept2010-June2011
School Psychology Extern

- Provided mental health services to students ages 11-14 in middle school setting
- Prepared treatment plans to support individualized social/emotional needs
- Conducted classroom observations to obtain data and assess behavioral needs of students under the Response to Intervention (RTI) model
- Collected and integrated observable data to create Functional Behavioral Assessments and behavior support plans
- Provided weekly staffing consultations with an interdisciplinary team
- Conducted risk assessments and implemented crisis intervention planning
- Administered cognitive, achievement, and behavioral testing to support individual education needs
- Participated in development of Individualized Education Plans (IEPs) and 504 Plans

- Provided consultation with families to address environmental and psychosocial stressors impact students' ability to function optimally in academic setting

Supervisor: Mary Ann Naso, M.A., NCSP

Aurora Mental Health, Aurora, CO

Sept2009-May2010

Child Intensive Outpatient Services, Spanish Team

Child and Adolescent Extern Therapist

- Provided individual and family therapy to children and adolescents to address emotional and behavioral needs in outpatient setting
- Conducted intake assessments
- Assessed client progress and modified treatment programs accordingly
- Facilitated adolescent mental health group
- Co-facilitated DBT group for women involved with social services
- Co-facilitated Spanish speaking process group through a cognitive behavioral framework
- Coordinated psychosocial programming for schools
- Facilitated behavioral support group in elementary school setting

Supervisor: Carol Williams, M.A., LCP

Pan American Health Organization (PAHO), Panama City, Panama July2009-Aug2009

Disaster Response and Clinical Mental Health Intern

- Coordinated with PAHO mental health personnel from Central America to create a brief guide for disaster response mental health interventions in Central American geographic region
- Coordinated activities in conjunction with the Panamanian Ministry of Health's Mental Health Program (MINSa) and promoted mental health programming agenda throughout Panama
- Provided mental health services to children and adolescents in Parque Le Fevre, a community mental health center in urban setting
- Assessed the mental health needs of marginalized indigenous populations throughout Panama
- Prepared and delivered presentation on disaster mental health at government sponsored mental health conference for the Ngobe Bugle tribe and regional health care workers
- Promoted and implemented psychosocial well-being/mental health programs throughout elementary schools in Panama City

Supervisor: Victor Aparicio, Ph.D.

Mercy Housing, Commerce City, CO

Oct2008-May2009

Mental Health Extern

- Designed and implemented youth program to promote self-awareness, leadership, and coping skills through collaborative activities and projects in culturally diverse setting
- Facilitated young girls empowerment group
- Assisted with family acculturation needs and case management
- Co-facilitated parenting group
- Participated as instructor for wilderness camp trip

- Assisted with individual education needs
- Collaboratively developed and implemented English language classes and programming for refugee families from SE Asia, Central America, and African countries

Supervisor: Donna Baiocco, M.A.

PUBLICATIONS AND PRESENTATIONS

- Colón, K. (2014). *ACT and adolescents: Applications of Acceptance and Commitment Therapy in the treatment of adolescent populations*. Didactic training presented to providers from Morrison Child and Family outpatient treatment team. Gresham, OR.
- Colón, K. (2014). *Program evaluation of adolescent wilderness therapy programs; Moving towards a more comprehensive approach*. [Unpublished doctoral paper]. University of Denver, Denver, CO.
- Barrett, T., Fox, J. Shriberg, J., Aden, K., Eich, W., & Wolfe, A. (2011). The IASC Guidelines and the International Disaster Psychology Program at the University of Denver, *Intervention: International Journal of Mental Health, Psychosocial Work and Counseling in Areas of Armed Conflict*, 9(2), 159-163.
- Aden, K. & Eich, W. (2009). *Mental health considerations in the wake of disaster*. Presentation from 2009 Panamanian National Program for Mental Health Conference. Chiriqui, Panama.

PROFESSIONAL AFFILIATIONS

- American Psychological Association (APA)
- Division 53, Society of Clinical Child and Adolescent Psychology
- Colorado Psychological Association (CPA)

LANGUAGES

Conversational Spanish