

Kelsey Hyde, Psy.D.

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EDUCATION

Doctor of Clinical Psychology

University of Denver's Graduate School of Professional Psychology, APA Accredited, Denver, CO
August 2019

Master of Arts in Clinical Psychology

University of Denver's Graduate School of Professional Psychology, APA Accredited, Denver, CO
March 2017

Bachelor of Arts in Psychology and English

Grinnell College, Grinnell, IA
May 2011

Minnesota Studies in International Development

West African Research Center (WARC), Senegal, Africa
Spring 2010

CLINICAL EXPERIENCE

Postdoctoral Candidate

Elevated Insights Assessment, Denver, CO
August 2019-Present

- Provide comprehensive psychological testing, evaluation, recommendations, and consultation services for children, adolescents, and families in an outpatient setting
 - Evaluations include assessment of factors that impact daily living and well-being such as cognitive and learning differences, socioemotional and behavioral factors, and symptoms associated with Attention-Deficit/Hyperactivity Disorder (ADHD), Autism Spectrum Disorder (ASD), anxiety, depression, mood disorders, thought disorders, and stress-/adjustment-related concerns.
- Consult and collaborate with families, medical and mental health providers, educators, and other community members to facilitate continuity of care and recommendations for treatment
- Supervisors: Kate Colón, Psy.D. & Jennifer Paz, M.Ed., Psy.D.

Predoxdoctoral Intern at Mental Health Center of Denver

University of Denver's Graduate School of Psychology Internship Consortium, Denver, CO
July 2018-July 2019

- Provided comprehensive psychological testing and evaluation services and feedback to children, adolescents, young adults, and families outpatient community mental health and day treatment settings. Referral questions included assessment for symptoms of ASD, ADHD, Language Disorder, Intellectual Disability, mood disorders, anxiety, depression, trauma-related disorders, socioemotional functioning, and behavior concerns.
 - Experience administering, scoring, and interpreting the ADI-R, ADOS-2, WAIS-IV, WISC-V, WPPSI-IV, Leiter 3, NEPSY-II, D-KEFS, CELF-5, CVLT-C, Conners CPT3, CATA, Conners questionnaires, WJ-IV-ACH, WRAT-4, Rorschach (R-PAS), Wartegg Test, MMPI-2-RF, MCMI-IV, MacArthur Story Stem Battery, Roberts-2, TAT, Projective Drawings, Projective Questions, Incomplete Sentences, BASC-2, ASRS, TSCC, TSI-2, RCMAS, ABAS-3, Rey FIT, SIRS-2, and M-FAST
- Consulted and collaborated with mental health treatment providers, psychiatrists, educators, and other community members to facilitate continuity of care and recommendations from evaluations.

- Supervised one doctoral level extern student in their outpatient therapy caseload
- Provided individual and family therapy to children ages 5-18 receiving outpatient care using various therapy models including systems, CBT, relational and behavioral interventions, and Motivational Interviewing
- Responsible for intake services, termination planning, treatment planning, crisis intervention, clinical report writing, case management, and facilitating psychiatric consultations
- Supervisors: Adrienne Franks, Psy.D., Jamie Brenner, Psy.D., Samantha McBride, Psy.D., and Scott Nebel, Psy.D.

Doctoral Extern

National Jewish Health, Denver, CO

August 2017-July 2018

- Provided psychodiagnostic and neuropsychological assessments to outpatient child and adolescent clients in a hospital setting to assess for factors impacting learning, cognitive differences, socioemotional functioning, and behavioral concerns and symptoms associated with ADHD, ASD, Intellectual Disability, Specific Learning Disorders, anxiety, depression, and adjustment-related disorders
 - o Experience administering, scoring, and interpreting the WAIS-IV, WISC-V, WJ-IV-ACH, WJ-IV-COG, Rorschach (Exner System), Roberts-2, TAT, GORT-5, Wisconsin Card Sorting Test, Conners CPT3, Rey Complex Figure Test, Beery VMI, Finger Tapping Test, Grooved Pegboard Test, ADOS-2, CARS-2, CVLT-II, CVLT-C, Incomplete Sentences, Projective Drawings, BASC-3, BRIEF-2, and Child Behavior Checklist
- Supervisor: Bruce Bender, Ph.D.

Psychology Trainee

Professional Psychology Clinic, University of Denver's Graduate School of Professional Psychology, Denver, CO

November 2014-July 2018

- Administered and scored integrated psychological assessment batteries and provided written reports and feedback to adult clients in a community mental health setting
 - o Experience administering, scoring, and interpreting the WAIS-IV, WJ-IV-ACH, Conners CPT3, MMPI-2, Early Memories, and Rorschach (Exner System)
- Provided individual and family psychotherapy to children, adults, and families using various psychotherapy models including psychodynamic/intersubjective, Cognitive Behavioral Therapy (CBT), Family Systems, and Emotionally Focused Therapy (EFT)
- Responsible for intake services, termination planning, treatment planning, crisis intervention, and clinical report writing
- Supervisors: Alexandra Romero, Psy.D., Diane Guerra, Psy.D., Elizabeth Hooks, M.Ed., Psy.D., Julie Melowsky, M.A., Julie Van Heyningen, Psy.D., Michael Karson, Ph.D., Peter Buirski, Ph.D., Sarah Lamm-White, Psy.D., Shawna Roberts, Psy.D., and TJ Price, Psy.D.

Extern Therapist

Denver Children's Home, Denver, CO

July 2016-August 2017

- Provided psychological and psychoeducational assessments to child and adolescent clients in a residential treatment setting, wrote integrated reports, and provided feedback to clients, their families, and their treatment teams (e.g., therapists, psychiatrists, teachers, guardian ad litem, and case workers)
 - o Experience administering, scoring, and interpreting the WAIS-IV, WISC-V, WJ-IV-ACH, CAS-2, TOWRE-2, CTOPP-2, GORT-5, Rorschach (Exner System), TAT, Incomplete Sentences, Projective Drawings, BASC-3, NICHQ Vanderbilt, BRIEF-2, TSCC, APS, and PIY
- Provided individual and family therapy to adolescent Day Treatment clients and their families receiving outpatient care using various therapy models including Dialectical Behavior Therapy (DBT), client-centered therapy, behaviorally-based therapy, and Family Systems
- Co-led weekly animal-assisted therapy and mindfulness groups for residential adolescent clients
- Taught a 10-week course on Healthy Relationships and Sexuality to students in the Residential and Day

Treatment programs ages 10-18 years old

- Supervisors: Michelle Novotny, Psy.D. & Michele Forstot Nadel, Psy.D.

Psychology Trainee

UCCS Aging Center, Colorado Springs, CO

August 2015-July 2016

- Provided brief neurocognitive testing and evaluation services wrote integrated reports, and provided feedback to adults ages 55+ once per week to screen for early warning signs of dementia and/or cognitive decline
 - o Experience administering, scoring, and interpreting the MoCA, Brief Visuospatial Memory Test-Revised (BVM-T-R), Hopkins Verbal Learning Test-Revised (HVLT-R), Trail Making Test, Clock Drawing Test, Digit Span (WAIS-IV), Behavioral Dyscontrol Scale (BDS), and Concurrent Load Task (Brown-Peterson)
- Provided individual, couples, and caregiver therapy to adults ages 53-85 receiving outpatient care in an integrated mental health setting using various therapy models including Dialectical Behavior Therapy (DBT), Caregiver Model Therapy, Acceptance and Commitment Therapy (ACT), intersubjective, and Emotionally Focused Therapy (EFT)
- Co-led a six-week caregiver support group using Caregiver Model Therapy developed by Sara Qualls, Ph.D.
- Supervisors: Cassie Faulhaber, Psy.D., Erika Guzman, Psy.D., Mike Kenny, Psy.D., and Sarah Qualls, Ph.D.

Behavioral Health Student Clinician

DAWN Clinic, Aurora, CO

March-August 2015

- Provided brief behavioral health services to uninsured clients at a student-run integrated health clinic through the University of Colorado Anschutz Medical Campus
- Responsible for triage, behavioral health intervention, and case presentations within an integrated team
- Supervisor: Nicole Taylor, Ph.D.

Doctoral Extern

Mental Health Center of Denver, Child and Family Outpatient Services, Denver, CO

September 2014-August 2015

- Provided outpatient individual and family therapy to children ages 5-18 in a community mental health clinic using various therapy models including systems, CBT, ACT, relational, EFT, and Motivational Interviewing
- Co-led a 12-week self-esteem therapy group for youth ages 12-16 utilizing CBT and DBT group interventions
- Responsible for intake services, termination planning, treatment planning, crisis intervention, clinical report writing, case management, and facilitating psychiatric consults
- Supervisors: Jennifer, M.Ed., Psy.D. & Scott Nebel, Psy.D.

Doctoral Extern

Kimel Psychological Services, LLC, Denver, CO

October 2014-December 2014

- Co-facilitated a therapy group for parents of adolescent girls with ASD in a private practice setting
- Co-facilitated experiential outings with a focus on social skill development for adolescent girls with ASD
- Supervisor: Lila Kimel, Ph.D.

Mental Health Intern

Centre de Santé Mentale Dalal Xel, Fatick, Senegal, Africa

Spring 2010

- Observed and aided 30 psychiatric inpatient clients and approximately 20 daily outpatient clients
- Participated in staff meetings with hospital psychiatrists and nurses to coordinate patient care

PROFESSIONAL AND RELEVANT EXPERIENCE

Clinic Assistant

Professional Psychology Clinic, University of Denver, Denver, CO

September 2016-July 2018

- Conducted initial intakes for incoming therapy and assessment clients
- Managed client files and data
- Coordinated with clinic directors and mental health care providers for client placement and care

Graduate Teaching Assistant

University of Denver's Graduate School of Professional Psychology, Denver, CO

September 2016-March 2017

- Led weekly lab sessions to train Master's and doctoral level students in assessment of the WAIS-IV, WISC-V, and WJ-IV-ACH for Cognitive Assessment coursework
- Graded student work and administered final exam to Master's and doctoral level students

Teach for America 2011 Corps Member

Oak Creek Elementary, Colorado Springs, CO

April 2011-May 2013

- Taught as a full-time teacher in a first grade classroom of 19-29 students in a Title-1 school
- Designed behavioral interventions for students with intellectual disabilities, ADHD, Tourette's syndrome, ASD, and other learning and socioemotional needs
- Served for two years as a member of the Positive Behavioral Interventions/Supports (PBIS) committee

Preschool Teaching Assistant

Grinnell College Preschool Laboratory, Grinnell, IA

August 2008-May 2011

- Assisted head teacher in classroom activities and daily learning objectives for 17 students

Volunteer Teacher

Grinnell College's Liberal Arts in Prison Program, Newton, IA and Mitchellville, IA

January 2009-December 2010

- Taught English literature/composition classes and provided GED tutoring to incarcerated students

GRADUATE LEVEL TEACHING EXPERIENCE

Guest Lecturer

University of Denver's Graduate School of Professional Psychology, Denver, CO

October 2016 and January 2017

- Taught one class of the Cognitive Assessment course for students enrolled in the PsyD program on 01/17/2017
- Taught one class of the Introduction to the Rorschach course for students enrolled in the PsyD program on 10/13/2016
- Supervisor: Hale Martin, Ph.D.

LEADERSHIP AND VOLUNTEER EXPERIENCE

Student Executive Committee Member

Colorado Assessment Society, Denver, CO

July 2016-July 2018

- Planned and coordinated psychological assessment training events for mental health professionals

Vice President

Graduate Student Association, University of Denver's Graduate School of Professional Psychology, Denver, CO
September 2016-September 2017

- Planned and coordinated school events for faculty, staff, and students
- Served as a student advocate and liaison between the student body, student government, and faculty

Class Representative

Graduate Student Association, University of Denver's Graduate School of Professional Psychology, Denver, CO
September 2014-September 2016

- Served as a student advocate and liaison between the student body, student government, and faculty

Chair

Psychology Department Student Educational Policy Committee, Grinnell College, Grinnell, IA
2009-2011

- Assisted in the interview process for hiring new Psychology Department faculty
- Conducted student reviews of current Grinnell College Psychology Department faculty each semester
- Planned and organized monthly Psychology Journal Club meetings with psychology faculty and students

PUBLICATIONS

- Hyde, K. (2019). *Becoming a better therapist: Eight lessons from running*. [Unpublished doctoral paper]. University of Denver, Denver, CO.
- Mangione, L., Borden, K.A., Nadkarni, L., Evarts, K., & Hyde, K. (2017). Mentoring in clinical psychology programs: Broadening and deepening. *Training in Education in Professional Psychology*. <http://dx.doi.org/10.1037/tep0000167>

PRESENTATIONS

- Mangione, L., Borden, K.A., Nadkarni, L., Evarts, K. & Hyde, K. (2017, August). Student survey in mentoring: Matters of diversity. Presented at the APA Convention, Washington, D.C.
- Mangione, L., Borden, K.A., Nadkarni, L., Emmons, L., Hyde, K., and Evarts, K. (2016, January). Mentoring: It's not just research anymore. Presented at the National Council of Schools and Programs of Professional Psychology Mid-Winter Conference, Atlanta, GA.
- Hyde, K., Mangione, L., Borden, K.A., Evarts, K., Emmons, L., & Nadkarni, L. (2016, January). *Mentoring in psychology doctoral programs*. Poster session presented at the DU Research and Performance Summit, University of Denver, Denver, CO.

RESEARCH EXPERIENCE

Developmental Laboratory Research Assistant

Grinnell College Psychology Department, Grinnell, IA
August 2009-May 2011

- Recruited participants/conducted experimental trials with eye-tracking software for ongoing faculty research
- Conducted data analysis using the statistics software package SPSS

Psychology Mentored Advanced Project (MAP)

Grinnell College Psychology Department, Grinnell, IA
Fall 2010

- Thesis: *The other-race effect in infants' scanning of Asian and Caucasian faces using eye-tracking software*
- Supervisor: Ann Ellis, Ph.D.

CONTINUING EDUCATION AND TRAINING

Rorschach Performance Assessment System (R-PAS): Overview and Interpreting Complex Cases

Two-day training led by Gregory J. Meyer, Ph.D., Denver, CO
September 2019

Ethics Workshop: Ethical Challenges and Safety Issues for Clinicians

Half-day workshop led by John Nicoletti, Ph.D., A.B.P.P. & Colorado Psychological Association (CPA), Denver, CO
October 2018

Autism Diagnostic Observation Schedule, Second Edition (ADOS-2) Clinical Training

Two-day training covering all ADOS-2 modules and live administrations led by Katherine Gotham, Ph.D., Siskins Children's Institute, Chattanooga, TN
Aprils 12-13, 2018

Autism Diagnosis Observation Schedule, Second Edition (ADOS-2) Training

Introductory Training led by Joy Goldberg, Ph.D., Denver, CO
September 2017

Rorschach Performance Assessment System (R-PAS) Training

Introductory Training led by Jessica Lipkind, Psy.D., Denver, CO
August 2017

Functional Analytic Psychotherapy Workshop Training

Two-day training held by Joanne Steinwachs, LCSW, Denver, CO
October 2016

Level 3 Training on the Crisi Wartegg System (CWS): Intermediate Interpretation and Report Writing

Four-day training held by Society for Personality Assessment, Denver, CO
June 2016

Couples Interventions: Innovations & Best Practices

Training held by University of Denver, Denver, CO
February 2016

Introduction and Comprehensive Overview of the Woodcock-Johnson IV, Tests of Achievement

Workshop held by Colorado Assessment Society, Denver, CO
January 2016

We Are the Tools of Our Trade

Attachment Workshop held by David Wallin, Ph.D., Denver, CO
April 2015

Elevating the Conversation

Critical Skills Training in Suicide Risk Assessment, Management, and Support, Denver, CO
February 2015

Trauma-Focused Cognitive-Behavioral Therapy Online Training Course

Medical University of South Carolina's National Crime Victims Research and Treatment Center
February 2015

Motivational Interviewing with Family Systems

Workshop held by American Association for Marriage and Family Therapy, Denver, CO
October 2014

HONORS AND AFFILIATIONS

American Psychological Association Associate Member; Psi Chi International Honor Society Lifetime Member